



menu

Stone Baked Bread

- Garlic and rosemary** £4
- Bencotto walnut pesto and tomato sauce** £4
- Dried oregano, sun blushed tomato and garlic** £4

Anti Pasto and Platters

- Bencotto soup** – with ciabatta £4
- Hummous or Taramasalata** – with char grilled ciabatta £3.50
- Pepperonata bruschetta** – peppers, capers and goat's cheese £4
- Seafood salad marinade** – calamari, mussels, prawns, chilli and lemon £7
- Tostada Catalan** – ciabatta rubbed with garlic, Parma ham and chopped tomatoes £4
- Smoked salmon bruschetta** – with wild rocket, olive oil and lemon £6
- Dolmades** – rice stuffed vine leaves with olive and feta salad £6
- Mediterranean king prawns** – served hot in garlic and chilli with char grilled ciabatta £7
- Moules mariniere** small £6 large £10
- Vegetarian platter** – buffalo mozzarella, sliced plum tomato, artichokes, marinated peppers, olives, hummous and char grilled ciabatta small £6.50 large £12
- Meat platter** – sliced plum tomato, buffalo mozzarella, Parma ham, salami, speck, olives and char grilled ciabatta small £7.50 large £14
- Seafood platter** – Mediterranean king prawns, mussels, smoked salmon, taramasalata, marinated anchovies, rocket and tomato salsa, char grilled ciabatta £16

Pasta and Rice

- Spaghetti Bolognese** – traditional meat sauce £8
- Linguine puttanesca** – anchovies, black olives, capers and dried chilli in a tomato sauce with wild rocket £8
- Bucatini salsica** – spicy Italian sausage, diced pancetta and onion in tomato sauce £9
- Rigatoni in a butter sauce** – courgette, basil and Parmesan £7
- Spaghetti vongole** – Palourde clams in a spicy white wine sauce £12
- Penne alla cacciatore** – sweet peppers, courgette, black olive and buffalo mozzarella in tomato sauce £7
- King prawn linguine** – chilli and cherry tomatoes £12
- Pappardelle boscaiola** – pancetta and mushrooms in a cream and white wine sauce £8
- Risotto verde** – asparagus, courgette, peas, spinach, lemon, mint and Parmesan £8
- Paella mixta** – with chicken, chorizo and seafood £11

Stone Baked Pizza

- Margherita** – mozzarella and basil £6
Frutti di mare – calamari, mussels, prawns, anchovies and parsley £11
Rossa – picante salami, red pepper, red onion, tomato and red chilli £8
Funghi – mushrooms, ham, mozzarella, black olives, basil and garlic £9
Florentina – spinach, egg and shaved Parmesan £8
Romana – mozzarella, oregano, Parmesan, anchovies £7
Diavolo – picante salami, mozzarella, red onion, black olives, wild rocket £9
Caprino – goat's cheese, peppers, aubergine, courgette and onion £8
Salsica – Italian sausage, onion, sun blushed tomatoes, artichokes and oregano £9
Calzone – spinach, Parmesan and ricotta £7

Meat and Fish

- Pork Milanese** – Lyonnaise potatoes and fine beans £12
Lamb souvlaki – baby gem and tomato salad, pitta bread and minted yoghurt £13
10oz char grilled rib eye – wild rocket, Parmesan and sauté potatoes £16
Moroccan lamb shank – sesame, prunes and almonds with fruit cous cous £14
Harissa swordfish – sunblushed tomato and roasted red pepper salad, minted yoghurt £13
Whole baked sea bass – roasted fennel, new potatoes and caramelised onion £13
Chicken saltimbocca – sauté potatoes, fine beans and butter sauce £12

Salads

- Greek** – baby gem, tomato, cucumber, red onion, pepper, crumbled feta, black olives £8
Avocado, pancetta and walnut – tomato, spinach, Parmesan and mustard dressing £8
Wild rocket and Parmesan £3
Plum tomato – red onion, black olives and basil £3
Green – baby gem, spinach, wild rocket and cucumber £3

Desserts

- Greek yoghurt** – mixed wild berries with almonds and honey £5
Tiramisu – traditional Italian dessert £5
Prune and pistachio tart – with orange cream £5
Vanilla and caramel semifreddo – semi frozen nougat £4
Amaretto pannacotta – with crushed amaretti biscuits £5
Chocolate Fondant – melting pudding with vanilla ice cream £5
Sorbet – raspberry and passion fruit £4
Bencotto cheeses – 3 Mediterranean cheeses served with ciabatta and olives £6

An optional 10% service charge will be added to parties of 6+. Our kitchen and service teams share your gratuities.



a group of individual venues

The Alex, 123 Undercliff Road West, Felixstowe, IP11 2AF
Black Tiles, Black Tiles Lane, Martlesham, IP12 4SP
Café Bencotto, 128 Hamilton Road, Felixstowe, IP11 7AB

www.alexcafebar.co.uk
www.blacktiles.co.uk
www.cafebencotto.co.uk