



plant-based menu

please inform your server that you are ordering from the plant-based menu

Brunch (available until 4pm)

Breakfast Flatbread (till noon) with extra virgin olive oil, sea salt and toppings -

Garlic and cherry tomato £3.50

Black olive and red onion £3.25

Toasted Ciabatta Sandwiches -

Avocado, tomato, basil £8.50

Roasted Mediterranean vegetables, balsamic onions, rocket £7

Sweetcorn Fritters with -

Smashed avocado, cherry tomatoes, Kalamata olives, mint salsa £11.50

Garlic sautéed mushrooms, green onion and spinach, roast tomato £10

Small Plates

Olives - see specials boards £3

Antipasti olive mix - £3

Habas - fried, spiced broad beans £2

Hummus - with pitta £4.50

Cashew allioli - with ciabatta £4.50

Ciabatta - with olive oil and balsamic £6

Garlic and rosemary - stone baked bread £5

Carciofi bruschetta - artichoke hearts, walnuts, cherry tomato, rocket, mint salsa £5.50

Salads and Sides

Orange and walnut - green salad, celery, garlic croutons, citrus dressing £8.50

Greek - small £4.50 large £9

Plum tomato - red onion, olives, basil £5

Green - baby gem, spinach, rocket, cucumber £3

Roast marinated tomatoes - £5

Sautéed potatoes - £3

Thyme & shallot mashed potatoes - £3

Sautéed courgette - £3.50

Fine beans - £3

Plant-based board - dolmades, hummus, cashew allioli, marinated artichoke hearts, plum tomato salad, mixed olives, habas, pitta small £14 large £25

Pasta

Farfalle con carciofi - artichoke hearts, mushrooms, walnuts, white wine, cashew cream, lemon £15

Fusilli arrabbiata - roasted courgette, aubergine and red pepper, black olives, spinach, in a spicy chilli and tomato sauce, topped with toasted seeds £13

Stone Baked Pizza

Choose a base - tomato sauce or garlic oil

Add 4 toppings - artichoke, red onion, spinach, mushrooms, sun-blushed tomato, courgette, balsamic onions, black olives, red pepper, walnuts, plum tomato, rocket, toasted pine nuts, capers, basil, fresh chilli

Ask for - garlic oil, oregano or chilli oil to finish £13

Mains

Tuscan gnocchi - garlic, shallots, spinach, cherry tomatoes, olive oil, parsley, white wine, chilli £11

Wild Mushroom risotto - walnuts, garlic, spinach, toasted seeds, truffle oil, rocket £13

Desserts

Baked rhubarb - with vanilla ice cream £4.75

Cassata - vanilla ice cream with Marsala soaked fruit and crushed Biscoff £4 per scoop

Chocolate brownie - chocolate sauce £5.50

Affogato - vanilla ice cream "drowned" with a shot of espresso £3.75

Lemon affogato - lemon sorbet with a shot of limoncello £5

Vanilla ice cream - per scoop £3

Please inform your server that you are ordering from the plant-based menu.

If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.

We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.

We stock gluten free pasta.



a group of individual venues in Felixstowe

The Alex
Café Bar & Brasserie
Seafront, IP11 2AF

Café Bencotto
Pizza, Pasta, Mediterranean
Town Centre, IP11 7AB

View Point Cafe
Fish and Ships
Landguard Peninsula, IP11 3TW