



# plant-based menu

*please inform your server that you are ordering from the plant-based menu*

## Brunch (available until 4pm)

**Breakfast Flatbread (till noon)** with extra virgin olive oil, sea salt and toppings -

Garlic and cherry tomato £3.50

Wild mushroom and spring onion £4

**Toasted Ciabatta Sandwiches -**

Avocado, tomato, basil £9

Roasted Mediterranean vegetables, balsamic onions, rocket £7.50

**Sweetcorn Fritters with -**

Avocado, cherry tomatoes, Kalamata olives, tomato and chilli salsa £11.50

Tabouleh, hummus, habas £9

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £3

**Habas** - fried, spiced broad beans £2

**Hummus** - with pitta £4.50

**Cashew alloli** - with ciabatta £4.50

**Ciabatta** - with olive oil and balsamic £6.50

**Garlic and rosemary** - stone baked bread £5

**Dolmades** - £3

**Carciofi bruschetta** - artichoke hearts, cherry tomato, tomato and chilli salsa, rocket £5.50

## Salads and Sides

**Avocado croûte** - hazelnuts, balsamic red onion, leaves, raspberry vinaigrette £11

**Warm new potato** - green bean, black olive, spinach, baby broad bean, thyme, habas and cashew alloli £7.50

**Tabbouleh** - £3

**Greek** (no feta) - small £4.50 large £9

**Plum tomato** - red onion, olives, basil £5.50

**Green** - baby gem, spinach, rocket, cucumber £3

**Sautéed potatoes** - £3

**Lemon rice** - £3

**Grilled vegetable kebab** - £3

**Roast marinated tomatoes** - £5

**Green beans** - £3

**Plant-based board** - dolmades, hummus, cashew allioli, marinated artichoke hearts, tabbouleh, mixed olives, habas, pitta small £14 large £26

## Pasta

**Penne alla zucca** - butternut squash, spinach, rosemary, toasted hazelnuts £9

**Primavera** - peas, baby broad beans, green beans, spring onion, cashew cream, mint, lemon £12

## Stone Baked Pizza

**Choose a base** - tomato sauce, butternut squash or garlic oil

**Add 4 toppings** - artichoke, red onion, spinach, spring onion, mushrooms, sun-blushed tomato, balsamic onions, black olives, red pepper, plum tomato, rocket, toasted pine nuts, capers, basil, fresh chilli

**Ask for** - garlic oil, oregano or chilli oil to finish £14

## Mains

**Caponata** - sweet and sour Mediterranean vegetables, mashed potatoes, wilted spinach £9

**Artichoke and spring onion risotto** - toasted seeds, balsamic reduction £14

**Chargrilled vegetable kebabs** - tabbouleh, cashew allioli, pitta £14.50

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit and crushed Biscoff £4 per scoop

**Chocolate brownie** - chocolate sauce £5.50

**Affogato** - vanilla ice cream "drowned" with a shot of espresso £4

**Lemon affogato** - lemon sorbet with a shot of limoncello £5

**Vanilla ice cream** - per scoop £3

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*If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.*

*We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.*

*We stock gluten free pasta.*



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard Peninsula, IP11 3TW