



# plant-based menu

*please inform your server that you are ordering from the plant-based menu*

## Brunch (available until 4pm)

**Breakfast Flatbread (till noon)** with extra virgin olive oil, sea salt and toppings -

Garlic and cherry tomato £3.50

Mushroom and black olive £3.50

**Toasted Ciabatta Sandwiches -**

Avocado, tomato, basil £10

Sautéed mushrooms, balsamic onions and baby spinach £7.50

**Sweetcorn Fritters with -**

Avocado, cherry tomatoes, tomato and chilli salsa, Kalamata olives £11.50

Beetroot, carrot, walnut and baby spinach salad, hummus, amba (mango sauce) £8

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £3

**Habas** - fried, spiced broad beans £2

**Hummus** - with pitta £4.50

**Cashew alloli** - with ciabatta £4.50

**Ciabatta** - with olive oil and balsamic £6.50

**Garlic and rosemary** - stone baked bread £5

**Dolmades** - £3

**Carciofi bruschetta** - artichoke hearts, cherry tomato, tomato and chilli salsa, rocket £5.50

**Panzanella con avocado** - heirloom tomato salad with avocado £7.50

**Beetroot and walnut salad** - mint, baby spinach, carrot, pomegranate, citrus dressing £5

## Salads and Sides

**Avocado, pear and pecan** - baby spinach, little gem, cucumber, rocket, croutons, maple and mustard dressing £12

**Panzanella** - heirloom tomatoes, onion, basil, cucumber, ciabatta, balsamic vinaigrette £5

**Beetroot and mint** - carrot, spinach, seeds, citrus dressing £5

**Greek** (no feta) - small £4.50 large £9

**Plum tomato** - red onion, olives, basil £5

**Green** - little gem, baby spinach, rocket, cucumber £3

**Sautéed potatoes** - £3

**New potatoes** - £3

**Batata harra** - £4

**Courgette** - £3

**Plant-based Board** - dolmades, hummus, cashew allioli, marinated artichoke hearts, panzanella, mixed olives, habas, pitta small £14 large £26

## Pasta

**Rigatoni rosso** - roasted red pepper, sun-dried tomato and black olives, in a chilli, red pepper and garlic sauce, flaked almonds £13.50

**Farfalle spinaci** - mushroom, spinach and toasted walnuts in marinara sauce, pangrattato topping £9

## Stone Baked Pizza

**Choose a base** - tomato sauce or garlic oil

**Add 4 toppings** - artichoke, red pepper, spinach, green olives, spring onion, mushrooms, plum tomato, courgette, sun-blushed tomato, balsamic onions, black olives, red onion, rocket, toasted pine nuts, capers, basil, rosemary, oregano, fresh chilli

**Ask for** - garlic, truffle or chilli oil to finish £14

## Mains

**Baked red pepper** - stuffed with sweet onion risotto, beetroot, carrot and mint salad £13

**Batata harra** (spicy sautéed potatoes) - avocado, panzanella £13

**Mushroom risotto** - walnuts, garlic, spinach, toasted seeds, truffle oil £14

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit and crushed Biscoff £4 per scoop

**Fresh strawberries and brownie** - mint, chocolate sauce £7

**Affogato** - vanilla ice cream "drowned" with a shot of espresso £4

**Lemon affogato** - lemon sorbet with a shot of limoncello £5

**Vanilla ice cream** - per scoop £3

***Please inform your server that you are ordering from the plant-based menu.***

*If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.*

*We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.*

*We stock gluten free pasta.*



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard Peninsula, IP11 3TW