



# plant-based menu

*please inform your server that you are ordering from the plant-based menu*

## Brunch (available until 4pm)

**Breakfast Flatbread (till noon)** with extra virgin olive oil, sea salt & toppings -

Cherry tomato & black olive £3.50

Mushroom & red onion £3.50

**Toasted Ciabatta Sandwiches -**

Avocado, tomato, basil £10

Roasted Mediterranean vegetables, balsamic onion, rocket £7.50

**Sweetcorn Fritters with -**

Avocado, cherry tomatoes, lemon & almond couscous, amba, Kalamata olives £11.50

Sautéed mushrooms, spinach & onion, roast tomato £8

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £3

**Habas** - fried, spiced broad beans £2

**Hummus** - with pitta £4.50

**Cashew alloli** - with ciabatta £4.50

**Ciabatta** - with olive oil & balsamic vinegar £6.50

**Garlic and rosemary** - stone baked bread £5

**Dolmades** - £3

**Bruschetta** - hummus, cherry tomatoes, rocket, habas £5

**Preserved lemon couscous** - almonds, avocado, rocket, rhubarb jam £7.50

## Salads and Sides

**Avocado, pecan and pear** - baby spinach, little gem, cucumber, rocket, croutons, maple & mustard dressing £11

**Couscous** - preserved lemon & almond £3.50

**Greek** (no feta) - small £4.50 large £9

**Plum tomato** - red onion, olives, basil £5

**Green** - little gem, baby spinach, rocket, cucumber £3

**Sautéed potatoes** - £3

**New potatoes** - £3

**Cavolo nero** - £3

**Courgette** - £3

**Roast tomato** - £4

**Plant-based Board** - dolmades, hummus, cashew allioli, marinated artichoke hearts, lemon and almond couscous, mixed olives, habas, pitta small £14 large £26

## Pasta

**Rigatoni arrabbiata** - black olives, roasted peppers, courgette & aubergine, spicy tomato sauce, toasted seeds £10

**Penne ai funghi** - mushrooms, peas, walnuts, garlic, cashew cream sauce £12

## Stone Baked Pizza

**Choose a base** - tomato sauce, butternut purée or garlic oil

**Add 4 toppings** - artichoke, red pepper, spinach, spring onion, mushrooms, plum tomato, courgette, sun-blushed tomato, balsamic onions, black olives, red onion, rocket, toasted pine nuts, capers, basil, rosemary, oregano, fresh chilli

**Ask for** - garlic, truffle or chilli oil to finish £14

## Mains

**Grilled vegetable kebabs** - Greek roast potatoes, olive & cucumber salad, amba £11

**Chickpea, sweet potato & apricot tagine** - preserved lemon & almond couscous £13

**Zucca risotto** - butternut squash, walnuts, cavolo nero, chilli £10

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit & crushed Biscoff £4 per scoop

**Chocolate brownie** - chocolate sauce £7

**Affogato** - vanilla ice cream "drowned" with a shot of espresso £4

**Lemon affogato** - lemon sorbet with a shot of limoncello £5

**Vanilla ice cream** - per scoop £3

***Please inform your server that you are ordering from the plant-based menu.***

***If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.***

***We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.***

***We stock gluten free pasta.***



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard Peninsula, IP11 3TW