



# plant-based menu

*please inform your server that you are ordering from the plant-based menu*

## Brunch (available until 4pm)

**Breakfast Flatbread (till noon)** with extra virgin olive oil, sea salt and toppings -

Cherry tomato and black olive £3.50

Mushroom and red onion £3.50

**Toasted Ciabatta Sandwiches -**

Avocado, tomato, basil £10.50

Grilled Mediterranean vegetables, rocket, harissa £7.50

Sautéed mushrooms, spinach, onion £7

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £3

**Habas** - fried, spiced broad beans £2

**Hummus** - pitta £4.50

**Cashew allioli** - ciabatta £4.50

**Ciabatta** - olive oil and balsamic vinegar £6.50

**Garlic and rosemary** - stone baked bread £5

**Dolmades** - £3

**Braised gnocchi** - tomatoes, onion, walnuts, garlic, ciabatta £4.50

**Bruschetta** - artichoke, sun-dried tomato, baby spinach, tomato, onion and mint salsa £5

## Salads and Sides

**Walnut and pickled mushroom** - new potatoes, green salad, shaved fennel, green beans, basil, new potatoes, cashew allioli £11

**Greek** (no feta) - small £4.50 large £9

**Plum tomato** - red onion, olives, basil £5

**Green** - little gem, baby spinach, rocket, cucumber £3

**Sautéed potatoes** - £3

**New potatoes** - £3

**Green beans** - £3

**Roast tomato** - £4

**Plant-based Board** - dolmades, hummus, cashew allioli, marinated artichoke hearts, plum tomato, mixed olives, dressed rocket, habas, pitta small £14 large £26

## Pasta

**Linguine con spinaci** - spinach, cherry tomatoes, garlic, white wine, chilli, lemon £9

**Farfalle ai funghi** - wild mushrooms, walnuts, peas, garlic, cashew cream sauce £13.50

**Orzo alla zucca** - butternut squash, sage, gremolata, toasted seeds £10

## Stone Baked Pizza

**Choose a base** - tomato sauce, butternut purée or garlic oil

**Add 4 toppings** - artichoke, red pepper, spinach, spring onion, mushrooms, plum tomato, sun-blushed tomato, balsamic onions, black olives, red onion, walnuts, pickled mushrooms, shaved fennel, rocket, toasted pine nuts, capers, basil, rosemary, oregano, fresh chilli

**Ask for** - garlic, balsamic reduction, truffle or chilli oil to finish £14

## Mains

**Grilled harissa vegetable kebabs** - Greek roast potatoes, olive and cucumber salad £11

**Leek and artichoke risotto** - balsamic reduction £13

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit and crushed Biscoff £4 per scoop

**Silan** - vanilla ice cream, chopped mixed nuts and oats, date syrup £5

**Chocolate brownie** - chocolate sauce £7

**Affogato** - vanilla ice cream "drowned" with a shot of espresso £4

**Lemon affogato** - lemon sorbet with a shot of limoncello £5

**Vanilla ice cream** - per scoop £3

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*If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.*

*We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.*

*We stock gluten free pasta.*



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard Peninsula, IP11 3TW