



# plant-based menu

*please inform your server that you are ordering from  
the plant-based menu*

## Brunch (available until 4pm)

**Breakfast Flatbread (till noon)** with extra virgin olive oil, sea salt & toppings -

Cherry tomato, black olive £3.50

Garlic & oregano £3

**Toasted Ciabatta Sandwiches -**

Avocado, tomato, basil £10.50

Roasted Mediterranean vegetables, walnuts, balsamic, rocket £7.50

Sautéed mushrooms, spinach, onion £5

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £3

**Habas** - fried, spiced broad beans £2

**Hummus** - pitta £4.50

**Cashew allioli** - ciabatta £4.50

**Ciabatta** - extra virgin olive oil & balsamic vinegar £6.50

**Garlic & rosemary** - stone baked bread £5

**Dolmades** - stuffed vine leaves £3

**Avocado & panzanella** - heirloom tomatoes, onion, basil, cucumber, ciabatta, red wine vinaigrette £8

**Roasted Mediterranean vegetable bruschetta** - caramelised onions, rocket £4

## Salads and Sides

**Avocado & walnut** - tomato, baby spinach, mushroom, seeds, maple & mustard dressing £10

**Panzanella** - heirloom tomatoes, onion, basil, cucumber, ciabatta, red wine vinaigrette £6

**Beetroot & walnut** - carrot, spinach & mint, Lebanese dressing £5

**Greek** (no feta) - small £4.50 large £9

**Plum tomato** - red onion, olives, basil £5

**Green** - little gem, baby spinach, rocket, cucumber £3

**Sautéed courgette** - £3

**Roast tomato** - £4

**Tenderstem broccoli** - £4

**Sautéed potatoes** - £3

**Batata harra** - £4

**New potatoes** - £3

**Lemon rice** - £3

**Plant-based Board** - dolmades, hummus, cashew allioli, avocado, panzanella, mixed olives, habas, ciabatta    small   £14    large   £26

## Pasta

**Rigatoni rosso** - roasted red pepper, sun-dried tomato & black olives in a chilli, red pepper & garlic sauce, flaked almonds    £12.50

**Pappardelle rosmarino** - butternut squash, roasted hazelnuts, rosemary oil    £12.50

## Stone Baked Pizza

**Choose a base** - tomato sauce or garlic oil

**Add 4 toppings** - red pepper, courgette, spinach, spring onion, mushrooms, plum tomato, sun-blushed tomato, caramelised onion, black olives, red onion, walnuts, wild rocket, toasted pine nuts, capers, basil, rosemary, oregano, fresh chilli

**Ask for** - garlic or chilli oil to finish    £14

## Mains

**Baked red pepper** - filled with couscous, onion & courgette, served with panzanella    £14

**Risotto ai funghi** - wild mushrooms, walnuts, garlic, spinach, truffle oil, rocket    £15

**Beetroot & walnut salad** - batata harra, tenderstem broccoli, Lebanese dressing    £12.50

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit and crushed Biscoff    £4 per scoop

**Strawberries** - vanilla ice cream, mint    £6

**Chocolate brownie** - chocolate sauce    £7

**Affogato** - vanilla ice cream "drowned" with a shot of espresso    £4

**Lemon affogato** - lemon sorbet with a shot of limoncello    £5.50

**Vanilla ice cream** - per scoop    £3

***Please inform your server that you are ordering from the plant-based menu.***

*If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.*

*We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.*

*We stock gluten free pasta.*



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard Peninsula, IP11 3TW