



# plant-based menu

*please inform your server that you are ordering from  
the plant-based menu*

## Brunch (available until 4pm)

**Breakfast Flatbread (till noon)** with extra virgin olive oil, sea salt & toppings -

Cherry tomato & oregano £3.25

Mushroom & black olive £3.25

## Toasted Ciabatta Sandwiches -

Avocado, tomato, basil £10.50

Hummus, spinach, carrot, pomegranate & amba £7

Sautéed mushrooms, baby spinach, walnuts, balsamic onion £6

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £3

**Habas** - fried, spiced broad beans £2

**Hummus** - pitta £4.50

**Cashew allioli** - ciabatta £4.50

**Ciabatta** - extra virgin olive oil & balsamic vinegar £6.50

**Garlic & rosemary** - stone baked bread £5

**Dolmades** - stuffed vine leaves £3

**Zucchini al forno** - courgette, aubergine & onion baked in tomato sauce, ciabatta £6.50

**Carciofi bruschetta** - sun-dried tomato; artichoke hearts; tomato, onion & mint salsa £5

## Salads and Sides

**Avocado** - on Cypriot grain salad, pomegranate seeds £10

**Greek** (no feta) - small £4.50 large £9

**Plum tomato** - red onion, olives, basil £5

**Green** - little gem, baby spinach, rocket, cucumber £3

**Cypriot grain salad** - pomegranate seeds £7.50

**Sautéed potatoes** - £3

**Green beans** - £3.50

**Sautéed courgette** - £4

**Roast tomato** - £4

**Plant-based Board** - dolmades, hummus, cashew allioli, avocado, plum tomato, habas, Cypriot grain salad, mixed olives, ciabatta small £14 large £26

## Pasta

**Farfalle arrabbiata** - roasted red pepper, spinach, black olives, onion, toasted seeds, spicy tomato & fresh herb sauce £10

**Fusilli piselli** - peas, mushrooms, shallots, black pepper, cashew cream £9.50

## Stone Baked Pizza

**Choose a base** - tomato sauce or garlic oil

**Add 4 toppings** - red pepper, courgette, spinach, mushrooms, plum tomato, sun-blushed tomato, black olives, red onion, walnuts, wild rocket, spring onion, toasted pine nuts, capers, basil, rosemary, oregano, fresh chilli

**Ask for** - garlic or chilli oil to finish £14

## Mains

**Risotto ai funghi** - mushrooms, walnuts, garlic, spinach, truffle oil, rocket £15

**Caponata** - sweet & sour Mediterranean vegetables, mashed potato, wilted greens £10

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit and crushed Biscoff £4 per scoop

**Baked apple** - raisins, walnuts, pistachios, cinnamon & cardamom, vanilla ice cream £6.50

**Chocolate brownie** - chocolate sauce £7

**Affogato** - vanilla ice cream "drowned" with a shot of espresso £4

**Lemon affogato** - lemon sorbet with a shot of limoncello £5.50

**Vanilla ice cream** - per scoop £3

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**If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.**

**We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.**

**We stock gluten free pasta.**



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard Peninsula, IP11 3TW