



# plant-based menu

*please inform your server that you are ordering from  
the plant-based menu*

## Brunch

**Breakfast Flatbread (till noon)** with extra virgin olive oil, sea salt & toppings -

Cherry tomato & oregano £3.25

Mushroom & black olive £3.25

**Toasted Ciabatta Sandwiches (till 4pm)** -

Avocado, tomato, baby gem, basil £7.50

Hummus, spinach, walnuts, pickled mushrooms £5

Roasted Mediterranean vegetables with chilli (optional) £6

## Small Plates

**Olives** - see specials boards £3

**Antipasti olive mix** - £3

**Habas** - fried, spiced broad beans £2

**Hummus** - pitta £4.50

**Cashew allioli** - ciabatta £4.50

**Ciabatta** - extra virgin olive oil & balsamic vinegar £6.50

**Garlic & rosemary** - stone baked bread £5

**Dolmades** - stuffed vine leaves £3

**Muhammara** - roast pepper & walnut dip, pomegranate molasses, pitta £7.50

**Avocado** - tabbouleh, amba £7.50

## Salads and Sides

**Char-grilled vegetable skewers** - spinach, green bean, black olive, spring onion, thyme & crushed habas salad, new potatoes & cashew allioli £10

**Tabbouleh** - bulgar wheat, tomato, cucumber, spring onion, mint, parsley, lemon, olive oil £5.50

**Greek** (no feta) - small £4.50 large £9

**Plum tomato** - red onion, olives, basil £5

**Green** - little gem, baby spinach, rocket, cucumber £3

**Green beans** - £3.50

**Roast tomato** - £4

**Avocado** - £3

**Sautéed potatoes** - £3

**Batata hara** - £4

**New potatoes** - £3

**Greek roast potatoes** - £3.50

**Grilled vegetable skewer** - £3.50

**Lemon rice** - £3

**Plant-based Board** - dolmades, hummus, cashew allioi, avocado, plum tomato, habas, tabbouleh, mixed olives, ciabatta small £14 large £26

## Pasta

**Fusilli arrabiata** - roasted aubergine, red pepper & courgette, onion, spinach & basil in chilli & tomato sauce £12

**Primavera** - peas, baby broad beans, green beans, spring onion, cashew cream, mint, lemon £12.50

## Stone Baked Pizza

**Choose a base** - tomato sauce, butternut squash or garlic oil

**Add 4 toppings** - red pepper, spinach, mushrooms, plum tomato, balsamic onion, rocket, sun-blushed tomato, caramelised onion, black olives, red onion, walnuts, spring onion, toasted pine nuts, capers, basil, rosemary, oregano, fresh chilli

**Ask for** - garlic or chilli oil to finish £14

## Mains

**Risotto alla zucca** - butternut squash, spinach, chilli, toasted pine nuts £10

**Chargrilled vegetable skewers** - batata hara (spicy sautéed potatoes), tabbouleh, toum £14

## Desserts

**Cassata** - vanilla ice cream with Marsala soaked fruit and crushed Biscoff £4 per scoop

**Warm spiced rhubarb** - almonds, vanilla ice cream £6.50

**Chocolate brownie** - chocolate sauce £7

**Affogato** - vanilla ice cream "drowned" with a shot of espresso £4

**Lemon affogato** - lemon sorbet with a shot of limoncello £5.50

**Vanilla ice cream** - per scoop £3

***Please inform your server that you are ordering from the plant-based menu.***

***If you have any dietary requirements or allergies please inform your server and we will try to accommodate your needs and provide accurate information regarding the ingredients in our dishes and the risk of cross contamination.***

***We do not include anything on this menu that goes through our fryer as we do not have a separate fryer for plant-based items.***

***We stock gluten free pasta.***



a group of individual venues in Felixstowe

The Alex  
Café Bar & Brasserie  
Seafront, IP11 2AF

Café Bencotto  
Pizza, Pasta, Mediterranean  
Town Centre, IP11 7AB

View Point Cafe  
Fish and Ships  
Landguard Peninsula, IP11 3TW